

Coaches Conference 2017

		Coaches			Groupstunts	
SAMSTAG		Sportzentrum Halle	Halle OSP	Konferenzraum OSP	Sportzentrum Halle	Coaches
Workshop 1	10:00 - 11:30	Tumbling Progression 1 (Rafael)	Leistungsorientierte, unterstützende Trainingsplanung, mikro und makrozyklisch (Dom)	Judging allgemein (Lucy)	Stunt-Day	CCA* Staff
Workshop 2	11:30 - 13:00	Tumbling Progression 1 (Rafael)	PS-Coaching (Dom)	Maximize your Scoresheet (Lucy)	Stunt-Day	CCA* Staff
Pause	13:00 - 14:00					
Workshop 3	14:00 - 15:30	Stunt Progressions 1 (Akram)	Leistungsorientierte, unterstützende Trainingsplanung, mikro und makrozyklisch (Dom)		Stunt-Day	CCA* Staff
Workshop 4	15:30 - 17:00	Stunt Progressions 2 (Akram)	Transitions/Pyramids/Choreo (Sasa)	CCA* Rules (Lucy)	Stunt-Day	CCA* Staff
Workshop 5	17:00 - 18:30	Stunt Progressions 1 (Akram)	Jumps/Flexibility (Veru)	Anatomie, Taping, Medizin, Psychologie (Alex)	Stunt-Day	CCA* Staff
SONNTAG		Sportzentrum Halle	Halle OSP	Konferenzraum OSP	Sportzentrum Halle	
Workshop 1	08:30 - 10:00	Stunt Progressions 2 (Akram)	Transitions/Pyramids/Choreo (Sasa)	Anatomie, Taping, Medizin, Psychologie (Alex)	Free Stunting	
Workshop 2	10:00 - 12:00			Social Media (Lena)	Coaching Clinic*	CCA* Staff
Pause	12:00 - 13:00					
Workshop 3	13:00 - 14:30			Umgang mit Eltern, Coachingstab, Motivation (Jen)	Coaching Clinic*	CCA* Staff
	14:30 - 15:30				Coaching Clinic*	CCA* Staff
*Coaches Clinic für alle Teilnehmer PLUS (inkl. Groupstunt)						